

EAST WEST



KUNG FU

2021 Class Schedule

MONDAY		TUESDAY		WEDNESDAY	
11:00 AM	Adult Class (45 min)	11:00 AM	Adult Class (45 min)	11:00 AM	Adult Class (45 min)
3:30 PM	Ages 6 & under, All Ranks (30 min)	3:30 PM	Ages 6 & under, All Ranks (30 min)	3:30 PM	Ages 6 & under, All Ranks (30 min)
4:00 PM	Ages 7-12 (W-O) (30 min)	4:00 PM	Ages 7-12 (W-O) (30 min)	4:00 PM	Ages 7-12 (W-O) (30 min)
4:30 PM	Ages 7-12 (O2-P2) (45 min)	4:30 PM	Ages 7-12 (O2-P2) (45 min)	4:30 PM	Ages 7-12 (O2-P2) (45 min)
5:15 PM	Adult & Teen Class (All Ranks) (45 min)	5:15 PM	Adult & Teen Class (All Ranks) (45 min)	5:15 PM	Adult & Teen Class (All Ranks) (AL&LF only) (45 min)
5:15 PM	Adult Sparring Class (AL only) (45 min)	5:30 PM	Youth Open Class (W-P2) (30 min)	5:15 PM	Adult Sparring Class (SR only) (45 min)
6:00 PM	Family / Open Class (All Ages) (45 min)	6:00 PM	Int & Adv Class (45 min)	5:15 PM	Youth Sparring Class (17 & Under) (45 min)
7:00 PM	Kid Special Squad* (45 min)	6:45 PM	IBFDA Competition Team* (SR) (60 min)	6:00 PM	Family / Open Class (All Ages) (45 min)
		7:00 PM	Weapons Class (Purple & above) (45 min)	7:00 PM	Advanced Class (SR) (60 min)
THURSDAY		FRIDAY		SATURDAY	
11:00 AM	Adult Class (45 min)			10:00 AM	Ages 6 & under, All Ranks (30 min)
3:30 PM	Ages 6 & under, All Ranks (30 min)	3:30 PM	Ages 6 & under, All Ranks (30 min)	10:30 AM	Ages 7-12 (W-O) (30 min)
4:00 PM	Ages 7-12 (W-O) (30 min)	4:00 PM	Ages 7-12 (W-O) (30 min)	11:00 AM	Ages 7-12 (O2-P2) (45 min)
4:30 PM	Ages 7-12 (O2-P2) (45 min)	4:30 PM	Ages 7-12 (O2-P2) (45 min)	11:00 AM	Adult & Teen Class (All Ranks) (45 min)
5:15 PM	Adult & Teen Class (All Ranks) (45 min)	5:15 PM	Adult & Teen Class (All Ranks) (45 min)		
5:30 PM	Youth Open Class (W-P2) (30 min)	5:15 PM	Adult Sparring Class (LF only) (45 min)		
6:00 PM	Int & Adv Class (45 min)	6:00 PM	Family / Open Class (All Ages) (45 min)		
7:00 PM	IBFDA Instructor Training* (45 min)				
BEG (beginning) = White through Purple II		INT (intermediate) = Blue, Green		ADV (advanced) = Brown	
* = INVITATION ONLY CLASS					